

SOCIAL ACTIVITES

- Cable Television/TV Rooms
- Arcade game room
- Pool table/Ping pong table
- Floor Hockey/Air Hockey
- Full Court Gymnasium
- Basketball Tournaments
- Bean Bag Tournaments
- Volleyball/Dodgeball
- Foosball
- Exercise Equipment
- Free Weights
- Live entertainment
- Dances
- Above ground pool
- Paintball



- Bonfires



- Movie Room



SUPPORT SERVICES

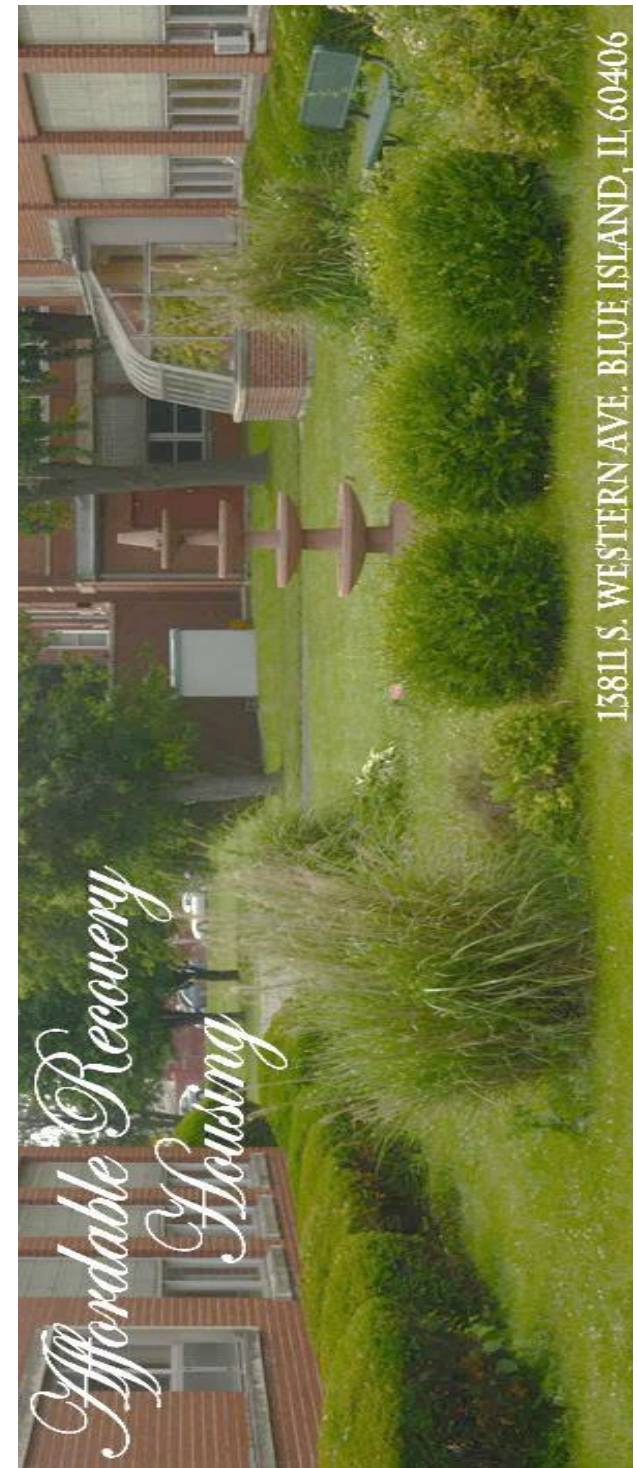
- Warm Bed (linens and pillow provided)
- Recovery Education
- Recovery Planning
- Recovery Coaching
- Case Management
- Life Skills
- Emotional Anonymous
- Continuum of Care
- Peer Led Groups
- Self-help Meetings (on site)

OTHER SERVICES

- Bi-lingual meetings (Spanish, Polish)
- Mental Health Services (Linkage Agreement)
- Access to 1000's of jobs.
- Job Placement
- Transportation to and from work
- Meals prepared
- Air-conditioned rooms
- Library
- Chapel for spiritual needs
- Public Transportation (Pace and Metro)

LINKAGE AGREEMENTS

- South Suburban Council
- Family Guidance
- Salvation Army
- Thresholds
- Haymarket Center
- Gateway
- Stepping Stone
- TASC
- Elite House Sober Living
- Lake Shore Hospital
- Phoenix Recovery Home
- Community Recovery Center
- **Many more.....**



1-800-466-3537

Affordable Recovery Housing is.....

LICENSED BY THE STATE OF ILLINOIS

DEPARTMENT OF HUMAN SERVICES

SUBSTANCE USE PREVENTION and RECOVERY

IN PARK FOREST, ILLINOIS

MISSION STATEMENT

Our Mission impacts lives in ways that restore hope to our residents and bring lasting change to the community.

Affordable Recovery Housing empowers

our residents to rise above their circumstance, get

involved and take initiative in their own healing

process.

Our Vision helps our residents reach

their full potential by the Power and Grace of God and

their active role in recovery with guidance, discipline,

and direction.

Program fees assessed when resident secures Employment.

(Bed and bedding; hot breakfast, bagged lunch, hot dinner,

Recovery Support Services, sober events, and much more.

Acceptance is the Answer

From page 417 of *The Big Book of Alcoholics Anonymous*:

And acceptance is the answer to *all* my problems today.

When I am disturbed, it is because I find some person,

place, thing, or situation—some fact of my life —

unacceptable to me, and I can find no serenity until I

accept that person, place, thing, or situation as being

exactly the way it is supposed to be at this moment.

Nothing, absolutely nothing, happens in God's world by

mistake. Until I could accept my alcoholism, I could not

stay sober; unless I accept life completely on life's terms, I

cannot be happy. I need to concentrate not so much on

what needs to be changed in the world as on what needs to

be changed in me and in my attitudes.

Shakespeare said, "All the world's a stage, and all the

men and women merely players." He forgot to mention

that I was the chief critic. I was always able to see the flaw

in every person, every situation. And I was always glad to

point it out, because I knew you wanted perfection, just as

I did. A.A. and acceptance have taught me that there is a

bit of good in the worst of us and a bit of bad in the best of

us; that we are all children of God and we each have a

right to be here. When I complain about me or about you,

I am complaining about God's handiwork. I am saying

that I know better than God.

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REQUIREMENTS/CRITERIA

Men/Women (18+ or older)

A strong desire to remain abstinent from alcohol, drugs and other substantial barriers.

Resident **MUST** comply with all Structure Program Requirements. Our program is designed to aid the resident who is struggling in his/her recovery.

Our Support Staff has experiential knowledge that assists the resident build a strong "recovery" and "work" foundation.



Contact Us

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